Annual Report 2019
Gateway Health Institute
Five Years On

From the Executive Director -
Dr Coenie Louw
On 26 September GHI will officially turn five. We have not only survived for five years, we have made our mark both nationally and internationally: Since 2015 we have won five global awards - three of which involved UN agencies and publications such as the New York Times, The Observer (UK) and WirtschaftsWoche (Germany) reported on our work. We are now a level two BBBEE contributor and is proud to say we are both women owned and led. After five years we have become known for our work in the health and human rights fields, focusing on women, adolescents and children.
HIV AIDS and a lack of SRHR services remain major challenges we face in South Africa. Recent reports show that condom use is on the decline and new HIV infections among adolescent girls and young women are on the rise. The scourge of unemployment and desperate economic conditions do not make it easier.
We need to keep our focus as expressed by our slogan “Your Health. Your Rights.” to ensure vulnerable and marginalised populations can realise their sexual and reproductive health and rights while having their human rights protected. Our work is just beginning.

Organisation
MISSION
Our Motto, Your Health. Your Rights expresses what we want to achieve. We aim to have a positive impact on the health and rights of hard to reach and vulnerable populations through advocacy, community

Deputy Chair and Nutrition Director -
Chantell Witten
Since my encounter with GHI in early 2015, I have been super impressed by the innovation and forward thinking that Dr Coen Louw has had in improving health outcomes for children. Before my involvement with GHI as a Board member, I was enthralled by GHI’s energy and contribution to the Breastfeeding agenda in South Africa. In 2015, GHI supported the first-ever Breastfeeding Roundtable hosted by the SACSoWACH patron, Dr Tshepo Motsepe, and in 2016, GHI organised the national art competition for the 2nd World Breastfeeding Conference hosted in Johannesburg and served on the program coordinating committee as civil society representative for South Africa. Since 2017, I have been engaged with GHI on a number of cutting edge interventions that significantly impacted mothers’ and children’s lives. I am excited about what the future holds and the possibilities that GHI can exploit to serve the health needs of children and adolescents. Food and Nutrition are basic human rights and needs and with South Africa’s deteriorating nutrition profile there is much more to be done and I think that GHI is poised to bring significant positive change where it is needed most. I am proud to be associated with GHI and I am confident that we will grow from strength to strength.

Are we achieving our stated goals?
In line with our mission, our beneficiaries include adolescent girls and young women and African asylum seekers and refugees. Our programs can be broadly divided into human rights, health and nutrition focused.
empowerment projects, knowledge management, research and innovative technology.

VISION
To become a regional force in improving the health and lives of vulnerable and hard to reach populations by working with our partners to ensure all our programs have a human rights focused approach.

STRATEGY
Our growth strategy is based on our vision of becoming a regional force: Gateway believes in being visible and active. In doing and not only talking. In improving our own knowledge and skills and building the capacity of others. In forming coalitions and networks. In our values of Zero stigma and discrimination and fighting for equality. In being transparent and accountable. In being culturally and gender sensitive. In collecting evidence. And most of all by living up to our Motto: Your Health. Your Rights.

We have become known as a tech focused non profit and currently focuses on five innovative technologies: USSD, Progressive Web Apps, Machine Learning/AI, OTT via satellite and what3words.

Our vision of becoming a regional force is evident from the partnerships we are building across borders - with partners in Zimbabwe, Zambia, Malawi and Mozambique.

We are members of national and regional networks and coalitions - GBV Prevention Network, African Coalition for Menstrual Health Management, Mental Health Innovations Network and the Sex Rights Africa Network, among others. We are also the convener of the regional Tech Hub in Southern Africa.

We build the capacity of smaller CBOs through our onTRACK program and of individuals through Intern4Change and other training.

We have been advocating for the rights of women to breastfeed and for LGBTI asylum seekers and refugees to have access to social justice.

During the next year we need to reaffirm our commitment to ensure we stay on track.

Finance:
Income 2018/19
Total Income for the 2018/19 Financial Year ended 30 June 2019, was R1891485-00
Outstanding income: R160679-00
Total: R2052164

Expenses 2017/18
In 2017/18 Financial Year less than 10% of funds received was spent on overheads including accounting and audit costs. Total expenses for 2017/18 FY amounted to R2574644
Achievements

GHI was a winner of the Positive Action Stay Free Challenge by ViiV Healthcare and UNAIDS and Dr Louw was invited to the Aids2018 Conference in Amsterdam to join the UNAIDS Stay Free panel discussion where he presented on the use of technology in the HIV / AIDS response.

The Clan-destine Exhibition - the lived realities of African asylum seekers and refugees - was invited to the Human Rights Festival at Constitution Hill, 21 to 24 March 2019 and to the SVRI Forum in Cape Town, 21 to 25 October 2019.

GHI was invited to showcase Access to Justice at the World Justice Forum in The Hague, April 29 to May 2, 2019

Sharon Knowles presented at the Mobile Phones, Gender and Society Conference hosted by the Tata Institute for Social Sciences on 3 - 4 June 2019 in Mumbai, India.

Barry Griffin was selected as one of 60 global changemakers by Thomson Reuters Foundation for his work on technology and human rights and will attend the Trust Conference in London, 12 to 14 November, 2019.

Donor Feedback

Frontline Aids
Through our Rapid Response Fund, Gateway Health Institute, has developed an online app to help asylum seekers and refugees navigate life in South Africa. The app provides:

- Legal information
- Info on help lines
- Info on support groups
- Mapping of service providers/organisations according to Provinces
- And general information.

Share it with friends, family, and organisations in Africa to get the word out on this fantastic resource.

https://wozalife.co.za/

Da Vinci Foundation

“The Da Vinci Foundation, a subsidiary of Gateway Health Institute, has spent a considerable amount of time at schools in South Africa promoting cyber safety through an education program focused on cyberbullying, stalking and trafficking. As we highlight the topic of grooming as an educational focus for young girls, the Foundation has explored how the online, emotional connection is built by the perpetrator to gain trust for the purpose of sexual exploitation, sexual abuse or trafficking. In the cases that the Foundation has been made aware of, the grooming process took place over a minimum period of six months and resulted in online sexual abuse.” – Sharon Knowles, Da Vinci Foundation
Featured Partners

Regional

**Girl Child Rights (GCR)** is a Mozambican national NGO headquartered in Chimoio, Manica Province founded in 2008. Its vision is a world where Adolescent Girls and Young Women (AGYW) have larger freedom of choice, expression and movement. GCR’s mission is to improve the girl child condition through empowerment, knowledge, greater access to appropriate health, social and protection quality services. GCR work focuses on HIV prevention and treatment services, Sexual and Reproductive Health Rights (SRHR), Sexual Gender Based Violence (SGBV) prevention, response and reporting. Our advocacy focuses on Menstrual Hygiene and Ending Child Marriage. GCR is working in central part of the country covering Manica, Sofala and Zambezia provinces.

National

**CHoiCe Trust** is a health-based NGO serving the rural population of the Mopani District, and was established in 1997 in the rural areas around Tzaneen, Limpopo Province.

The activities carried out by CHoiCe Trust correspond with national plans and strategies, and align specifically with tenets of the Constitution of the Republic of South Africa and the National Strategic Plan for HIV and AIDS, STIs and TB (2017 – 2022). CHoiCe also coordinates with, aligns and contributes to Provincial and District Implementation Plans with relevant government departments. Through these programmes and activities, CHoiCe Trust is able to reach over 100 villages in the surrounding areas, with caregivers carrying out family visits to more than 100,000 homes each year.

PMNCH

**Adolescent & Youth Mentorship Programme**

*Tinashe Nyoni, PMNCH mentee*

"Hie Coen, I do hope I find you well. I don't know if Deborah had shared with you the good news already. I am now the new SRAN coordinator. I would want to give highest gratitude to you for identifying me and moulding me to be where I am today. Thank you for believing and seeing potential in me. I promise to continue doing good and ensure you feel proud of how your mentee has grown to be."
Reach and Impact

Above: Indirect beneficiaries
Below: WoZALife global reach

Above: Direct beneficiaries

Current Projects

I. SmartParent

A 2017 winner of Positive Action Challenge by ViiV Healthcare, Elizabeth Glazer Pediatric AIDS Foundation and Every Woman Every Child

Goal: Retaining HIV Positive breastfeeding mothers on ART

Funder and Amount: ViiV Healthcare USD 65000-00.

III. HipHop 2 TheTop

Goal: Prevention of substance use among youth

Funder: UNODC USD 16742-00

Elements: Drugwise.co.za web app and life skills in a setting of skateboarding and hip hop.

Location: Mopani
Elements: Helpline, treatment buddies and what3words
Location: Mopani

II. StartSmart
A 2018 winner of Positive Action Challenge by ViiV Healthcare and UNAIDS
Goal: Preventing childhood HIV
Funder and Amount: ViiV Healthcare USD 25000-00.
Elements: USSD, Helpline and what3words
Location: Mopani

IV. Naturally Free Research
Goal: R&D socially, economically and environmentally friendly sanitary pads
Funder: SIDA through AFSA R595726-00
Location: KZN and Limpopo
Partners: AFSA and WITS

V. HIVDR Research
Goal: Research and map the drivers of HIVDR among men
Funder: SIDA through AFSA R178301-00
Location: KZN and Limpopo
Partners: AFSA and KU Leuven, Belgium

Future Focus
PrEP and HIV self testing are two of our greatest tools to prevent future HIV infections and to enable vulnerable people to know their status, yet both still remain inaccessible for many at risk. If we want to reach our goal to end AIDS by 2030 this must change now.

The mental health needs of people living with HIV, adolescents and key populations remain neglected. Gateway will focus on providing mental health first aid training to ensure vulnerable people can access mental health support and be referred and linked to care when needed. MHFA will be delivered via online chat functionalities on our web apps as well as through mobile phones and cloud based technology.

Safe|Smart|Sexy
Programme aimed at men including a web app, peer educators and community outreach. Including HIV prevention and testing, mental health support, referrals and linkage to care.

SmartYouth
Our current SmartYouth USSD platform will be scaled up to include a web app to continue our integrated HIV and SRHR work aimed at youth.

HIV2020
#ReclaimTheResponse
July 5-7, 2020 • Mexico City, Mexico

GHI has joined an alliance of global key population-led networks, networks of people living with HIV, treatment activists, and supporters from around the world in organising an alternative gathering that places community priorities and voices where they belong – front and centre. The HIV2020 alliance, led by MPact, has decided to organize the community-led event to provide a safe alternative for individuals who cannot or will not enter the U.S. in 2020 or who cannot afford to attend AIDS2020.

#StayStrong
A campaign to promote tolerance and inclusivity kicks off on 16 November with our annual Light The Night Dinner & Show and will reach its peak in 2020 with various planned events.
Highlights in Pictures

Fieldworker training - West Coast District

NATURALLY FREE SANITARY PAD
100% Biodegradable

RESEARCH PROJECT

Purpose of the research
The goal of the study is to test the acceptability (comfort and effectiveness) of a sanitary pad made from a unique combination of 100% natural fibres.

Objectives of the study
To achieve the goal of the study, the objectives are:
- To assess the knowledge and practices of menstrual hygiene among girls and women
- To document the experiences and opinions of girls and women using Naturally Free sanitary pads
- To make recommendations for the further development of Naturally Free sanitary pads.

Sample
Targets girls and women, aged 12 years and older, menstruating regularly, willing to use the Naturally Free sanitary pad for 3 months and residing at the study site.

Study sites
KZN (uf抽出 Township) and Limpopo Province (Tzaneen); n=250 in each site

Barry Griffin presenting results on SmartYouth - Child Marriage project at Hivos/Ford Foundation grantee meeting in Lusaka.
Board Members 2019

Chairperson - Elmarie Nel SAMRC
Research Director

Deputy Chair - Chantell Witten North West
University Nutrition Director

Secretary - Kanyisa Booi
Activate!

Programme Director - Sharon Knowles
Da Vinci Foundation

Member without portfolio - Maggie Mogale
Founder member

Finance Director - Pieter Fourie
Founder member

Alternate Member - Frans Masango
SAMRC

Executive Director - Dr Coenie Louw
Founder Member